

at the hub you can...

ACCESS INFORMATION ABOUT SERVICES AVAILABLE TO YOU AND YOUR FAMILY

GET PRACTICAL ADVICE

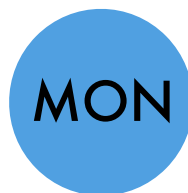
COME TO A PLAYGROUP AND MAKE NEW FRIENDS

ATTEND FUN AND INFORMATIVE WORKSHOPS

RECEIVE NEWSLETTERS AND FLYERS LETTING YOU KNOW WHAT IS ON AND COMING UP AT THE HUB



## What's on at the HUB?



10 - 11am

ESOL Classes (small class sizes)

11.30 - 12.30pm

Latin Zumba Classes (gold coin donation)



10 - 12noon

Playgroup for parents and their children - ALL WELCOME



### **SKIP Parenting Workshops - 4 week duration**

**Parents & Caregivers Workshop:** Aug 8th - 24th & Oct 17th - Nov 7th, 9.30am - 12noon

**Single Mums Workshop:** Sept 5th - 26th, 9.30 - 12noon

Free child minding & morning tea provided. Limited spaces, phone the hub to secure your spot!

**ZUMBA CLASSES** 6 - 7pm - gold coin donation, bring a towel and water bottle

### childbirth education classes

Tue 13th & 20th Aug

Fri 22nd & 29th Nov

Both 9am - 3pm

To book your place phone:

The HUB 09 620 8079

or Birthcare 09 374 0800

### school holiday programme

OCTOBER 1, 2, 3

9.15 am - 12.15pm

@the HUB

for Primary school age kids

Morning Tea provided

\$1 per child, per morning

### we can also help with:

- Social work support
- Supported referrals to other agencies
- Parenting tips
- Home visits
- Community support and information
- Advocacy

PH: 64 9 620 8079

56 Glass Road, Mt Roskill 1041

PO BOX 27859, Mt Roskill 1440

[www.roskillsouthoasis.org.nz](http://www.roskillsouthoasis.org.nz)

Bronwyn Guptill

021 254 1684

[bronwyn@roskillsouthoasis.org.nz](mailto:bronwyn@roskillsouthoasis.org.nz)

Vicky Gillespie

[vicky@roskillsouthoasis.org.nz](mailto:vicky@roskillsouthoasis.org.nz)



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'Roskill South Oasis Hub'

HEALTHY LIVES AND TRANSFORMED COMMUNITIES